

Fractal Awareness (inspired by Zhuang Zi)

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Het Bewustzijns Besturings Model (BBM)[®] met formule:

$$S = [M^{\alpha} \times L^{\beta} \times T^{\gamma}]$$

Mandelbrot met formule:

$$Z_{n+1} = Z_n^2 + C$$

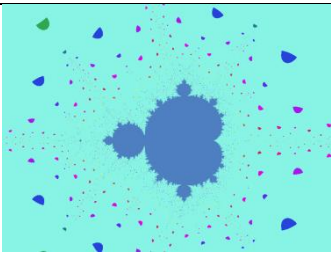
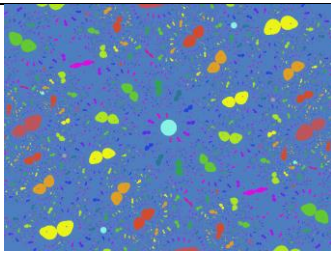
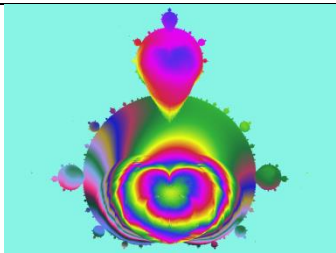
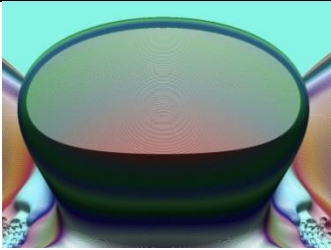
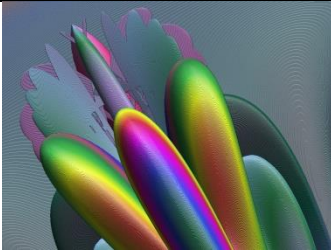
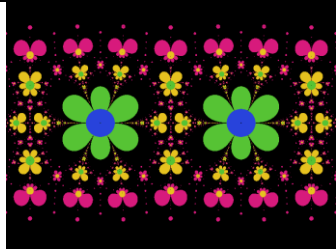
Definitie: Fractal Awareness is een zich herhalend patroon (z_{n+1}) van relevante actoren en factoren, verwoord door S (= Samenhang der dingen) als functie van Massa/Mensen (M), Tijd (T) en Ruimte(R) respectievelijk tot de macht α , β en γ .

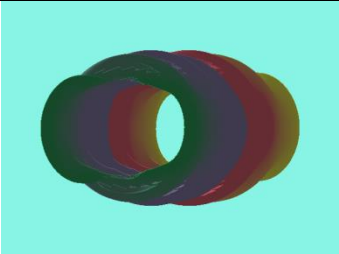
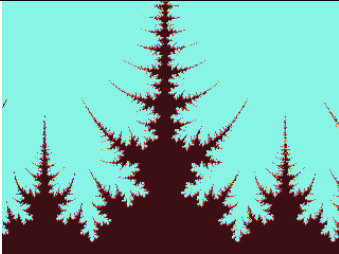
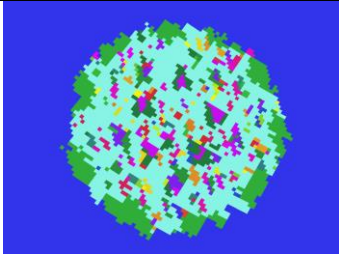
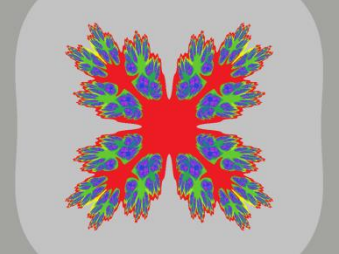
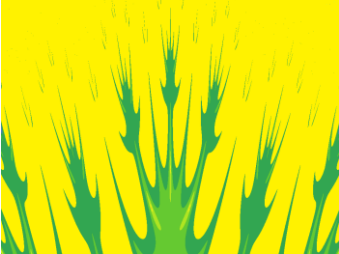
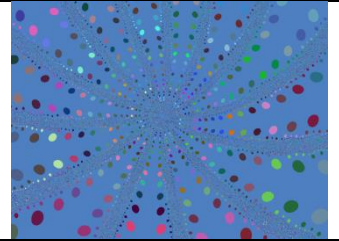
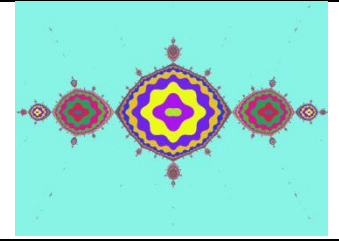
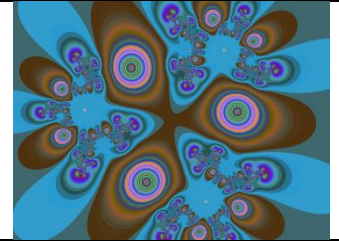
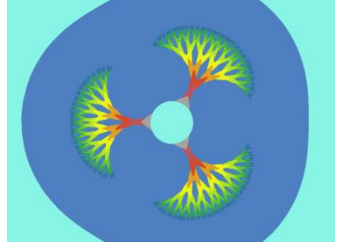
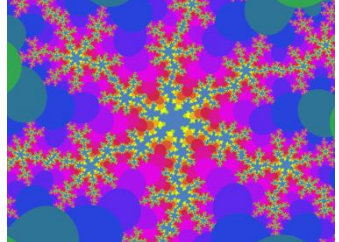
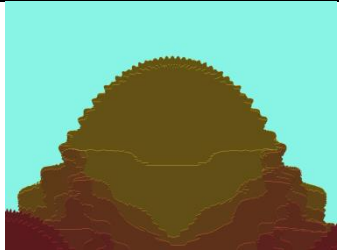
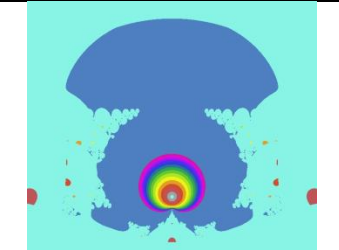
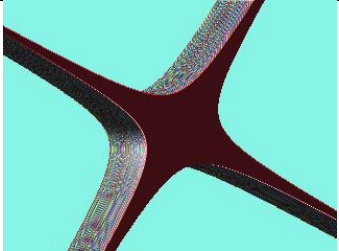
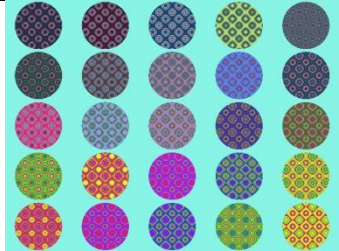
Het ABC van Fractal Awareness is geïnspireerd door de Zhuangzi waarin via meditatie de weg (Tao) wordt gewezen hoe van een gesloten bewustzijn (gebonden aan objecten) tot een open bewustzijn (vrij van zichzelf) te geraken.

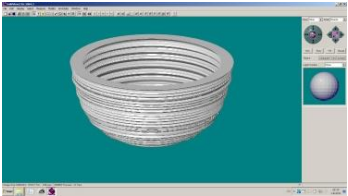
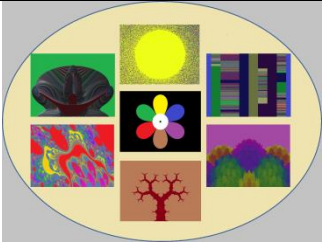
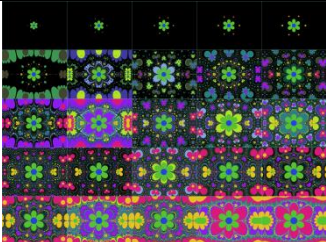
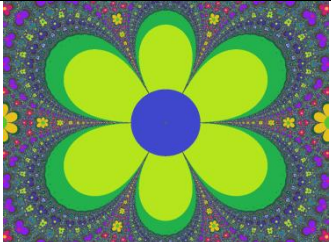
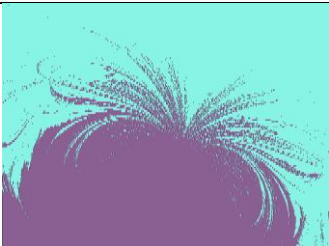
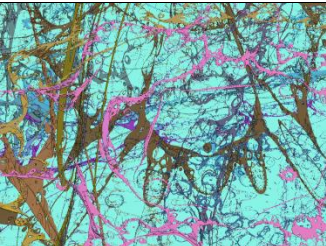
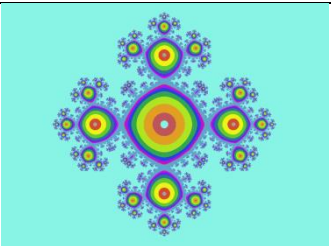
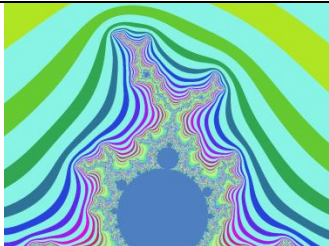
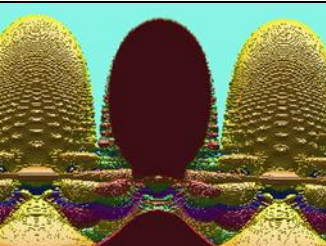
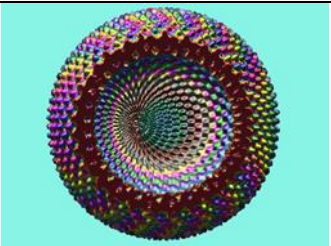
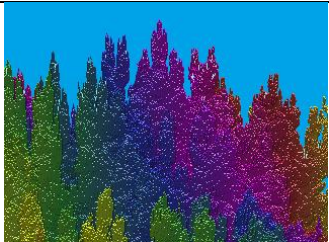
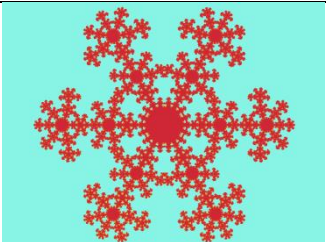
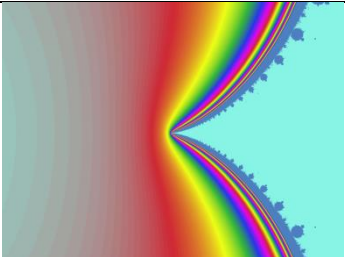
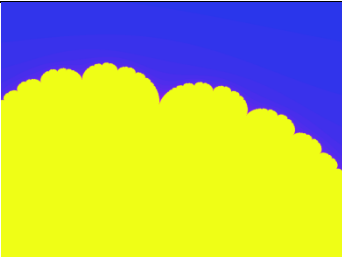
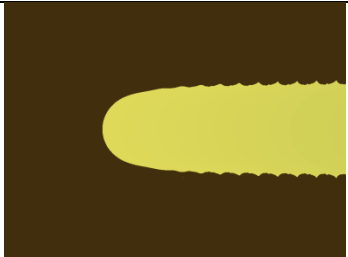
Het ABC levert per letter een drietal samenhangende woorden op die intuïtief verbonden zijn met drie fractals.

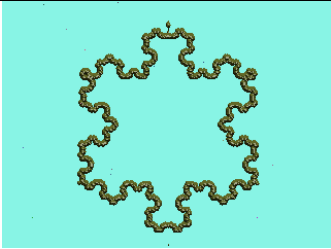
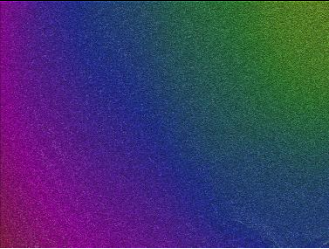
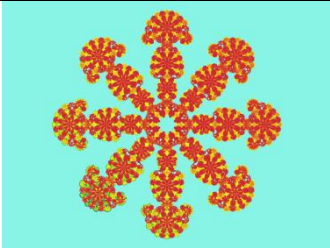
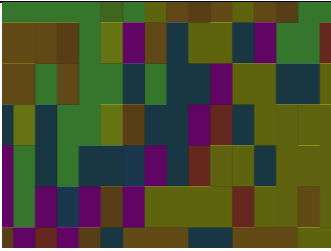
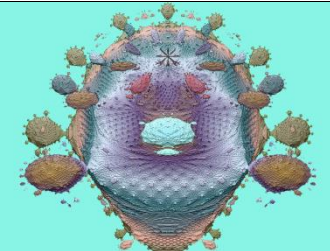
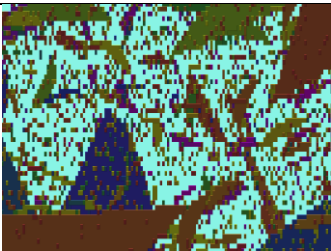
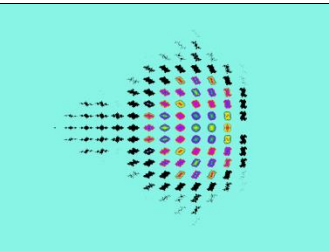
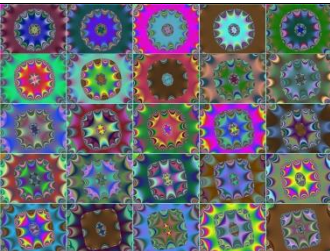
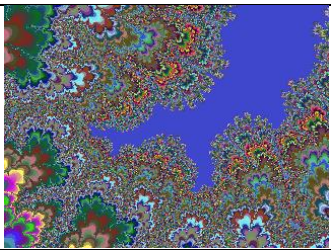
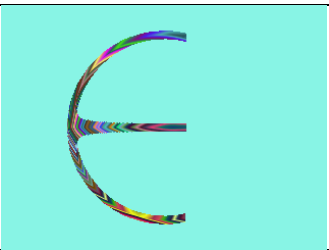
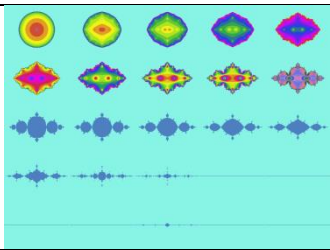
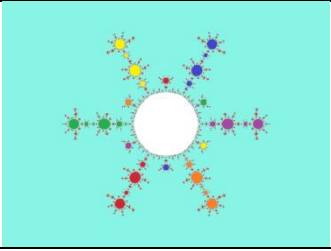
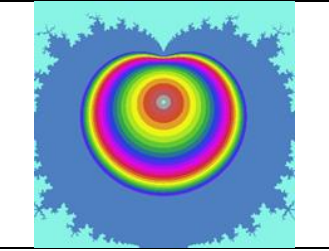
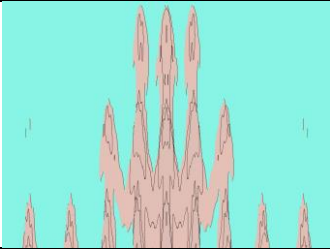
De uitdaging aan andere personen is een vergelijkbare tabel voor zichzelf samen te stellen, van kracht in het Hier en Nu van elke dag.

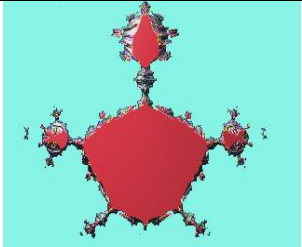
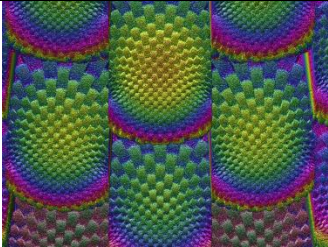
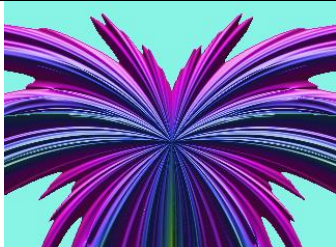
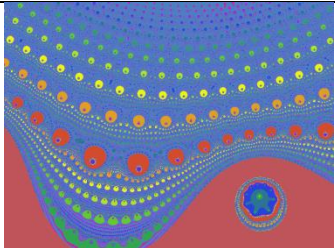
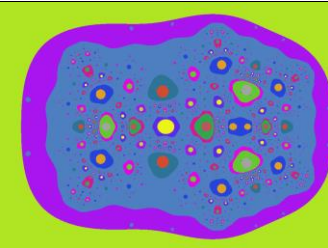
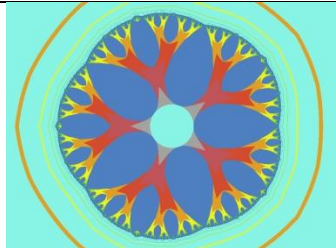
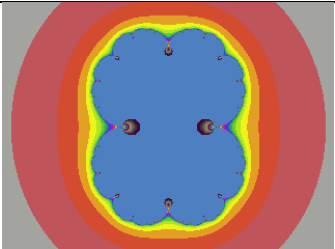
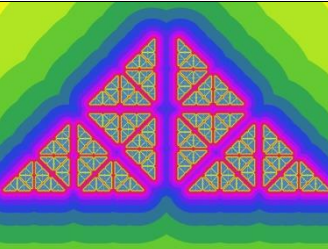
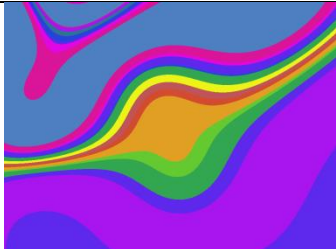
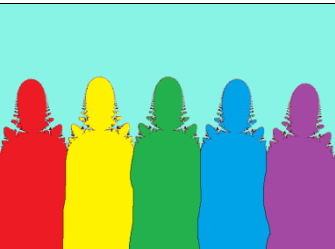
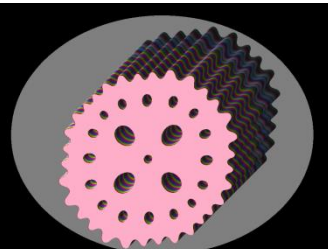
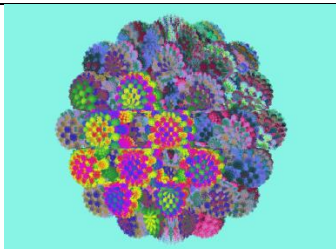
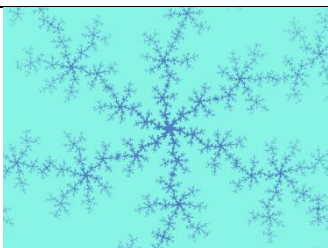
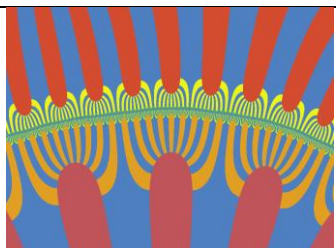
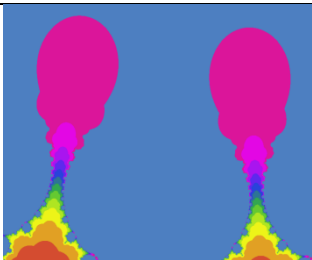
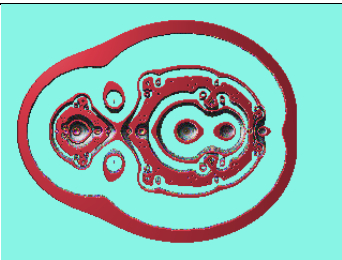
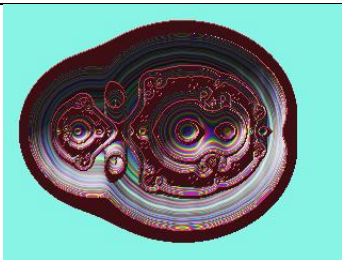
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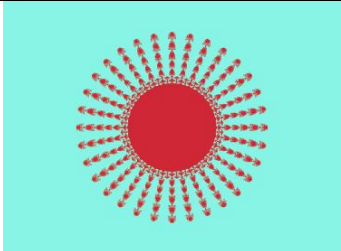
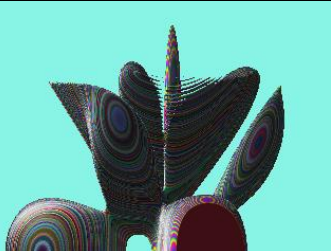
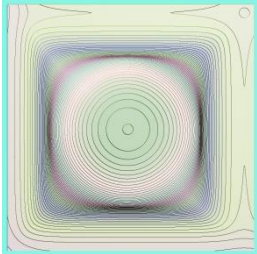
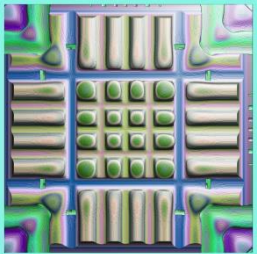
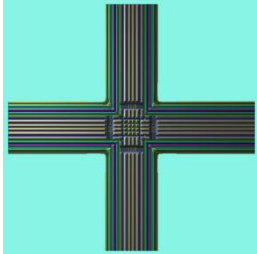
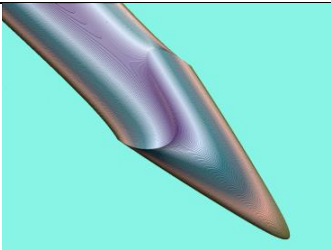
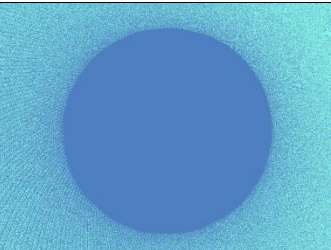
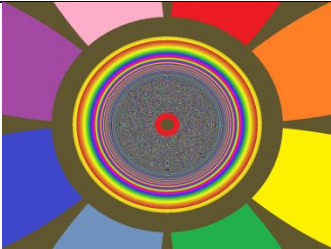
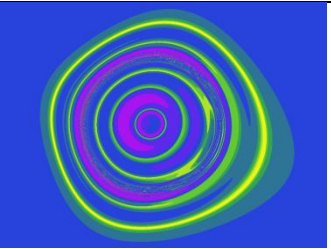
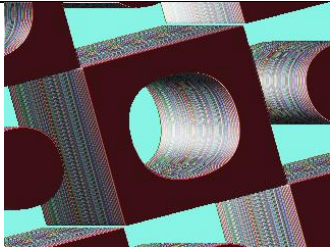
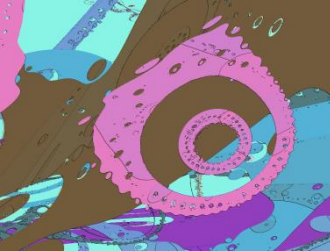
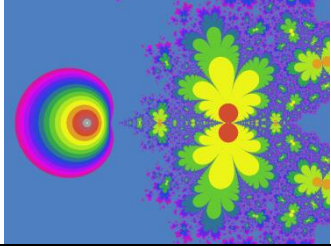
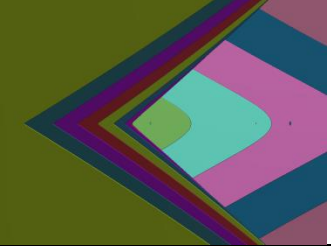
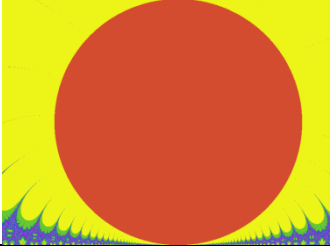
	1.		2.		3.
					
A.	Afwezigheid	van	Angst	en	Agressie
					
	Aanwezigheid	van	Alertheid	en	Afstemming

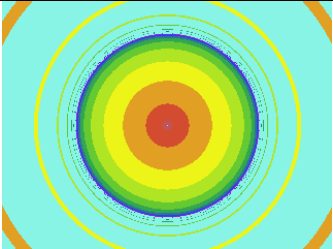
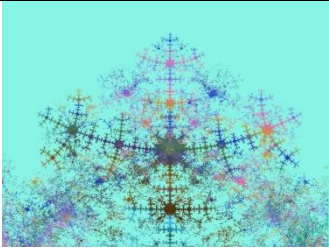
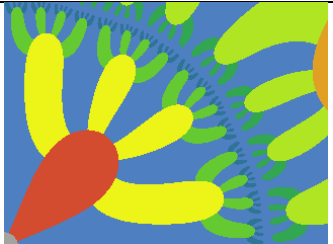
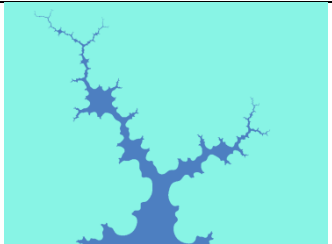
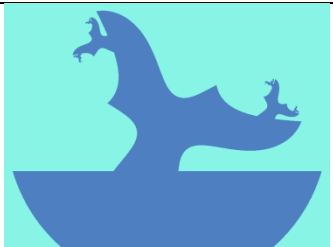
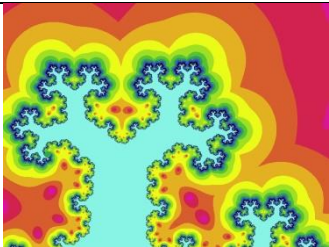
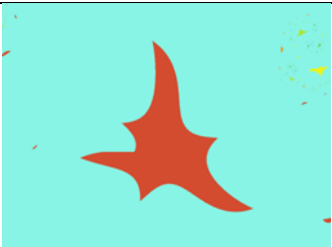
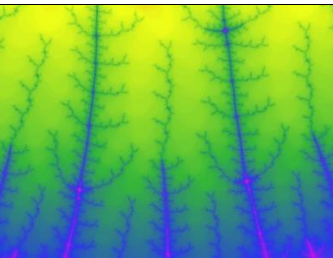
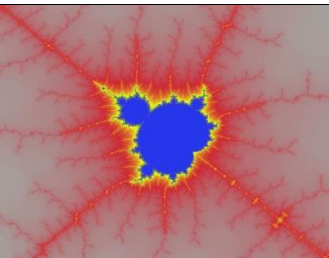
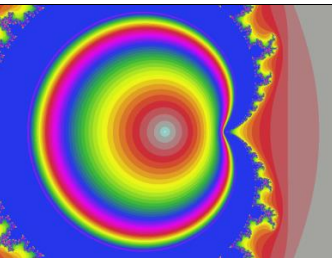
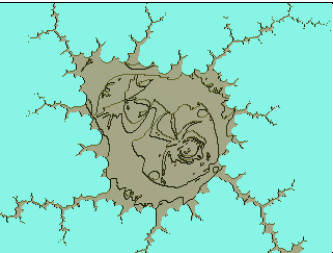
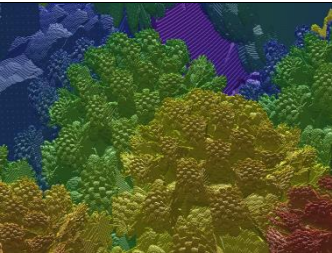
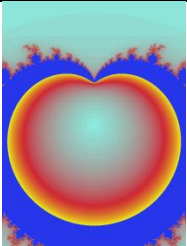
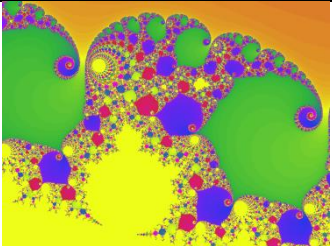
					
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	Afstand	van	Actie	en	Ambitie
					
	Aandacht	voor	Afval	en	Armoede
					
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	Beleving	van	Boven	en	Beneden
					
	Brains	via	Baten	naar	Burgers

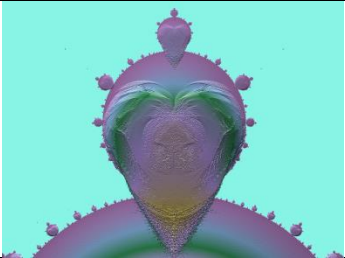
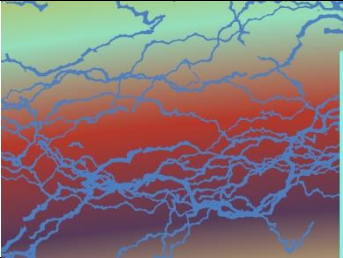
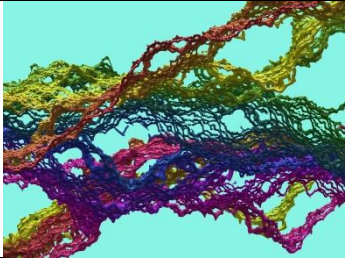
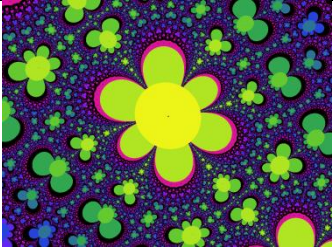
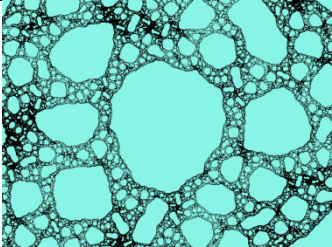
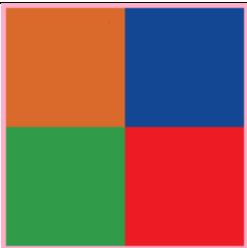
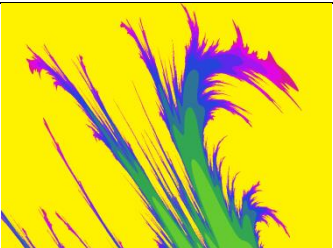
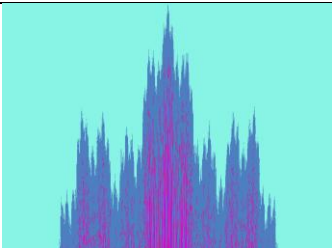
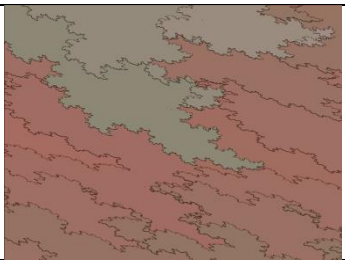
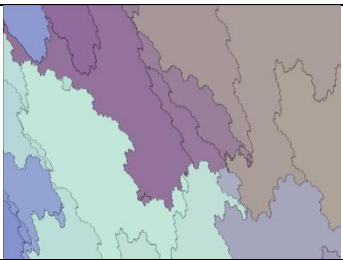
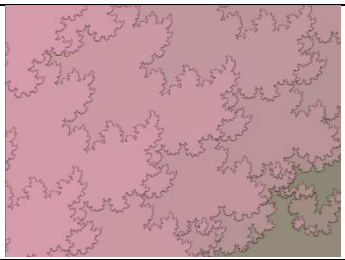
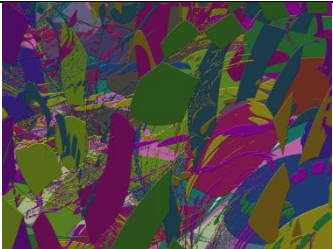
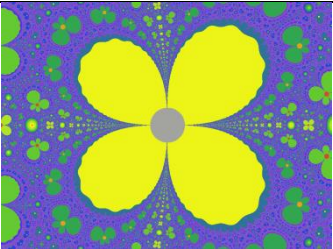
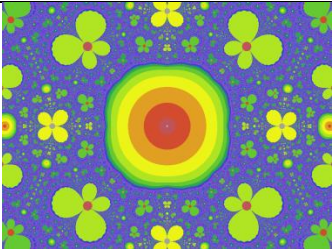
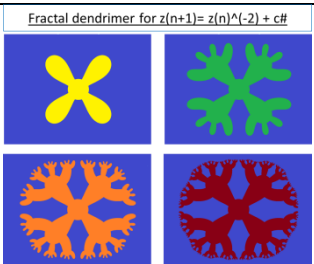
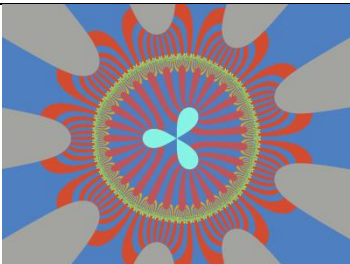
					
	Bevrijd	van	Boosheid	en	Begeerte
					
	Bezig	met	Bouwen	aan	Ballade
					
C.	Chi	van	Chaos	naar	Chakra's
					
	Contemplatie	over	Crisis	en	Conflicten
					
D.	Dromend	over	Dood	en	Dageraad
					
	Denkend	aan	Ditjes	en	Datjes

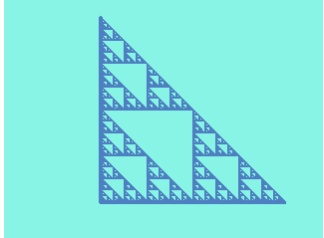
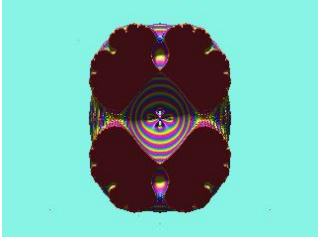
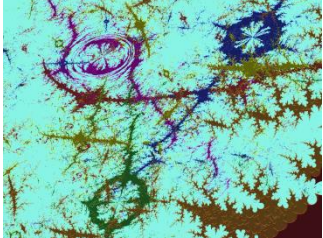
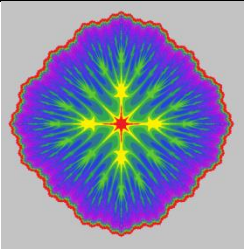
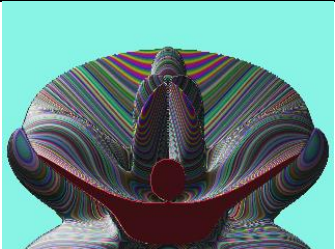
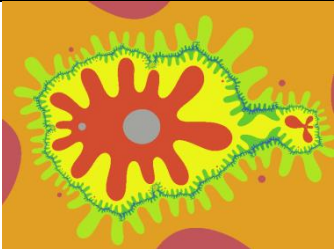
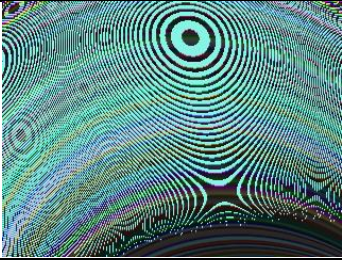
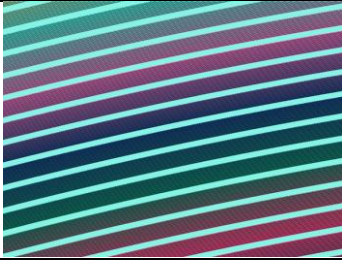
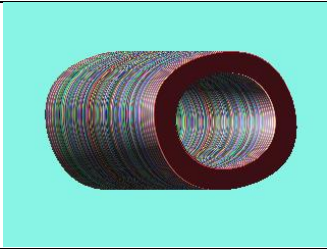
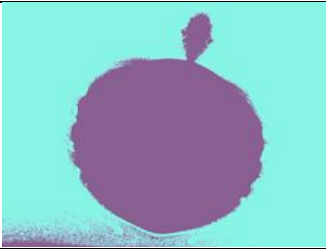
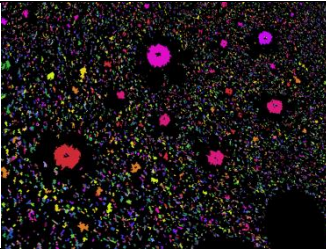
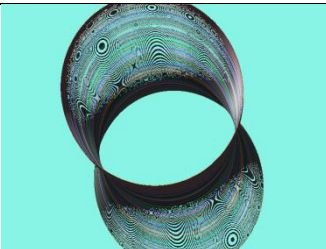
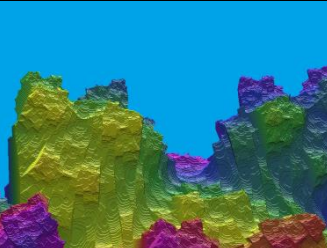
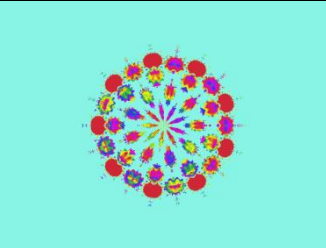
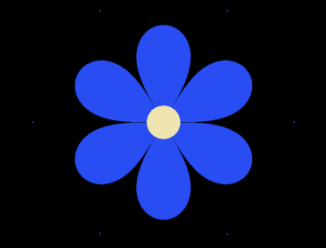
					
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F.	Fietsend	van	Frustratie	naar	Fantasie
					
	Filosoferend	over	Fractale	-	Fenomenen
					
G.	Groeiend	van	Goedheid	naar	Geluk
					
	Genietend	van	Geld	en	Goederen
					
H.	Helend	met	Hoofd / Hart	en	Handen

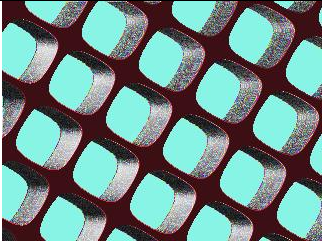
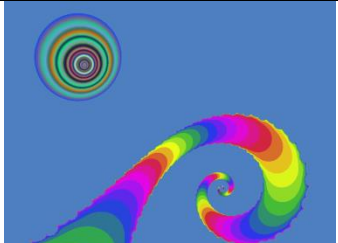
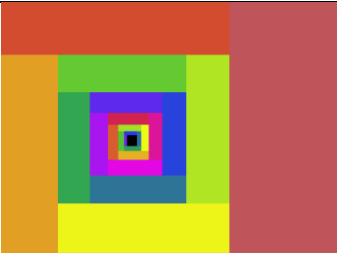
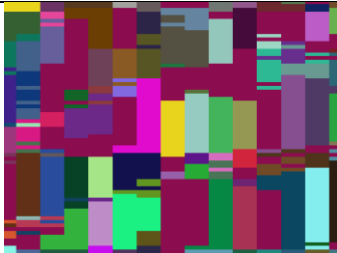
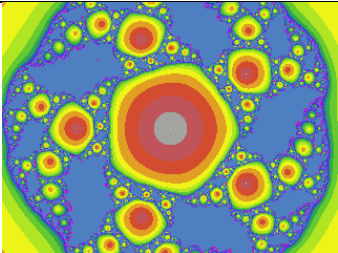
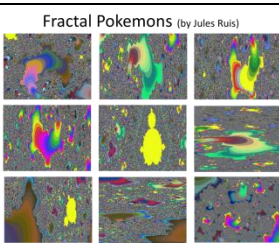
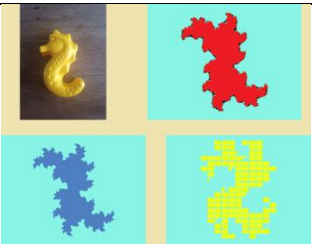
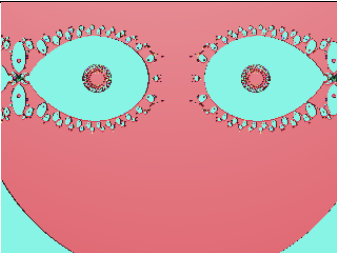
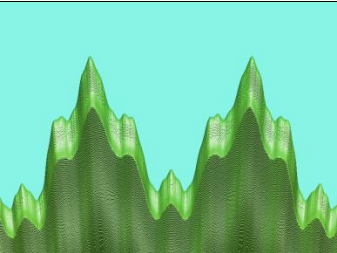
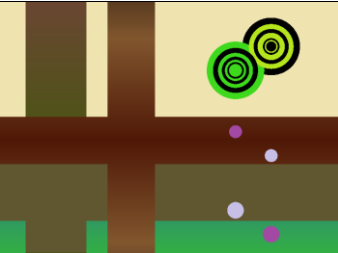
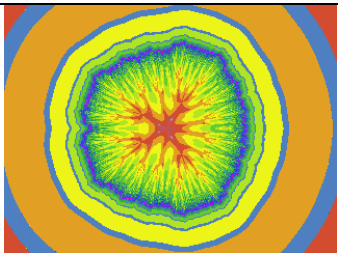
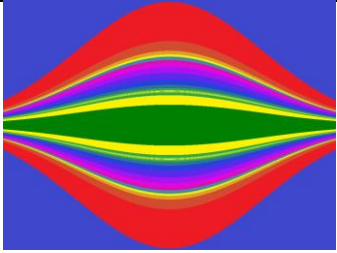
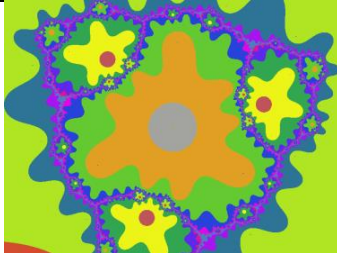
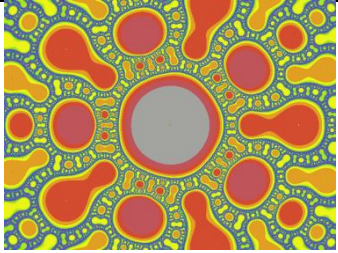
					
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	Horizon	van	Hel	tot	Hemel
					
	Honger	naar	Huis	en	Haard
I.					
I.	Inspiratie	door	Inzicht	en	Intuïtie
					
	Interactie	tussen	Innerlijk	en	Iedereen
J.					
J.	Jolig	met	Jip	en	Janneke

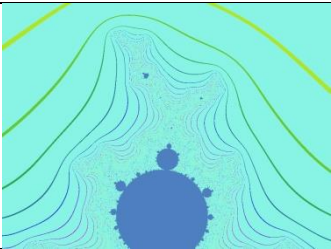
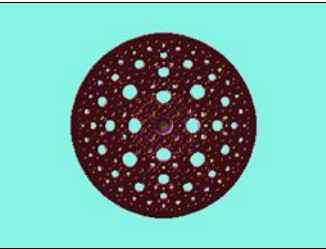
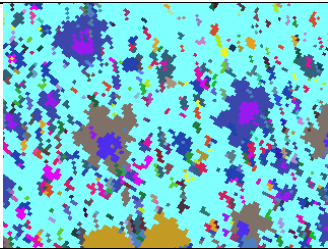
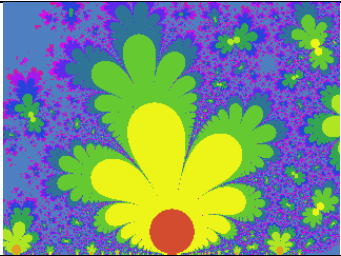
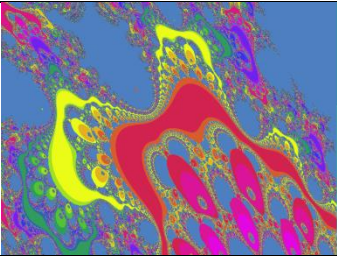
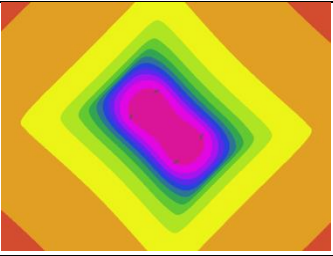
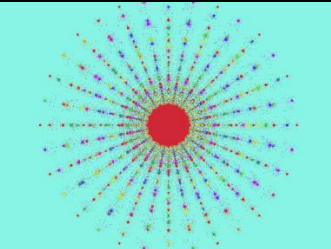
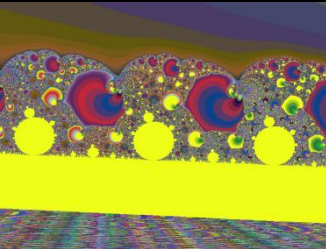
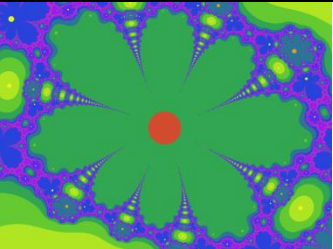
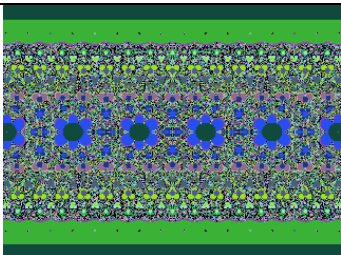
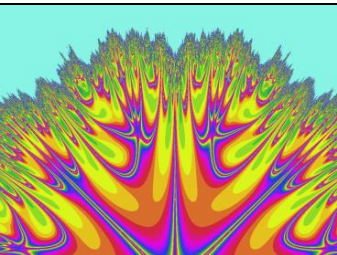
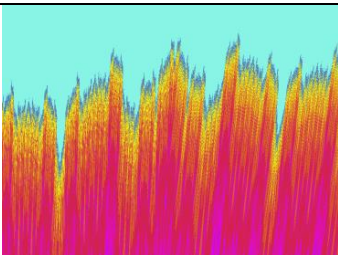
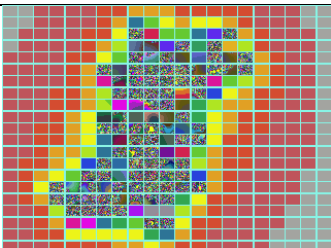
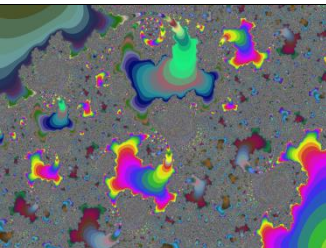
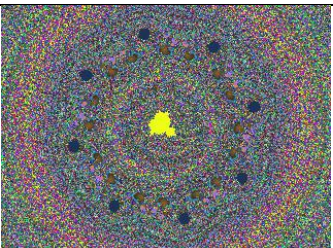
					
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	Knop	voor	Kans	en	Kruispunt
					
	Keuze	voor	Kwaliteit	boven	Kwantiteit
					
	Kassa	voor	Kennis	en	Kunde
					
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	Kwartettend	met	Kommer	en	Kwel

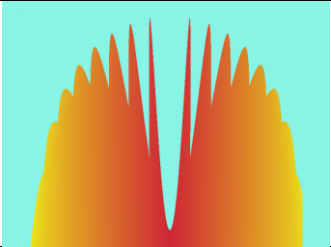
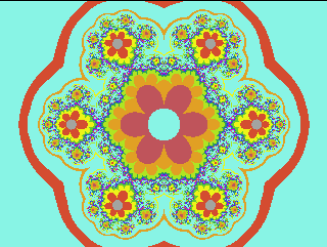
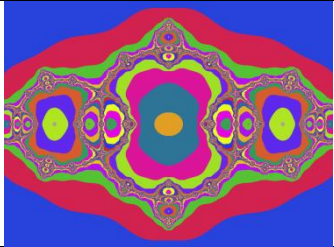
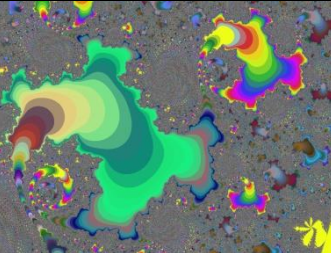
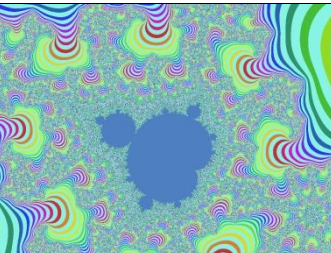
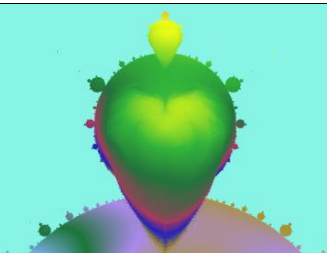
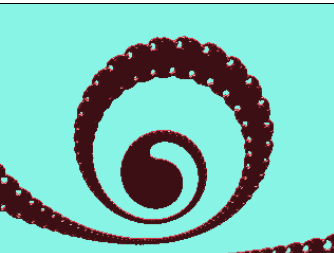
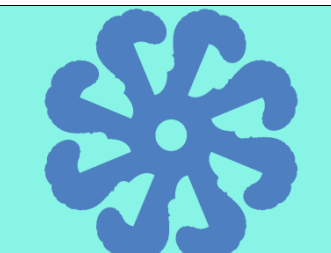
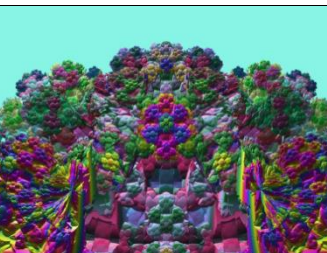
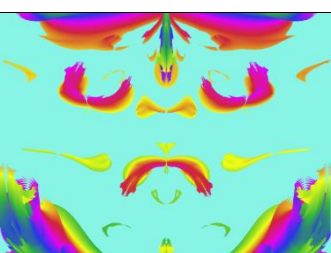
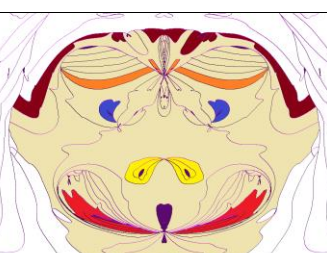
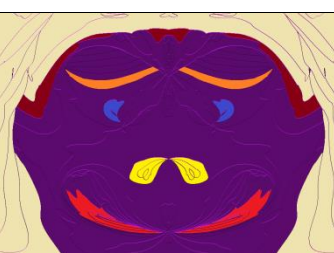
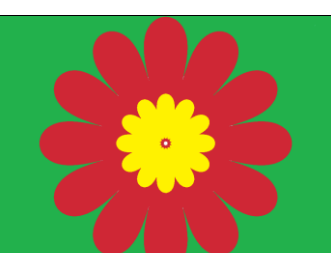
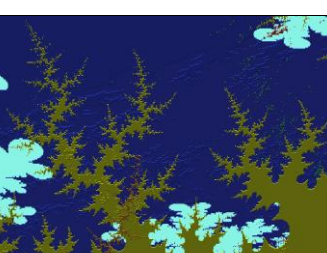
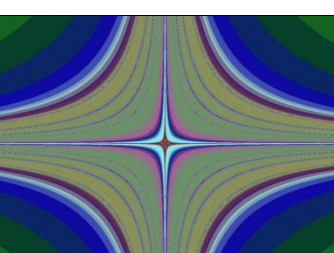
					
L.	Leeg	van	Lust	en	Lasten
					
	Levend	met	Lief	en	Leed
					
	Laverend	tussen	Licht	en	Lucht
					
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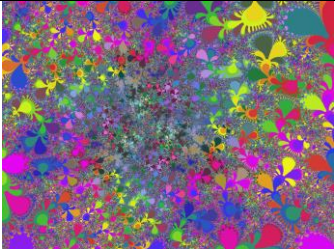
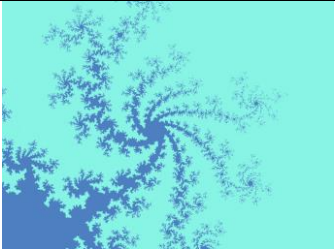
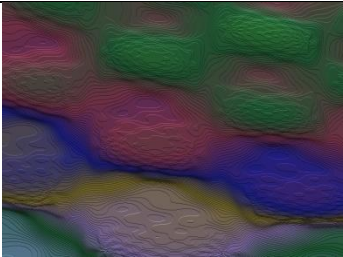
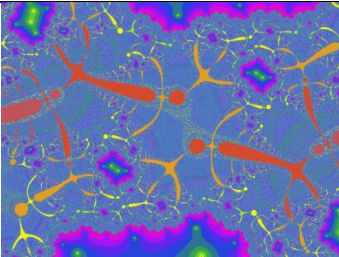
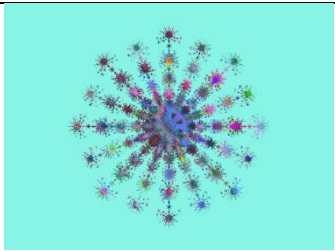
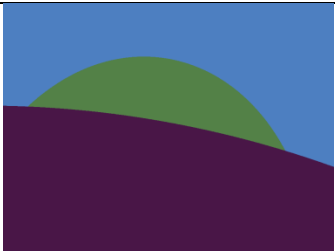
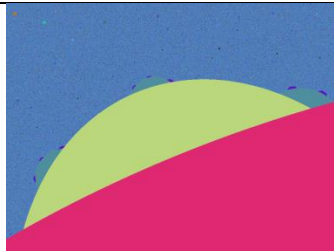
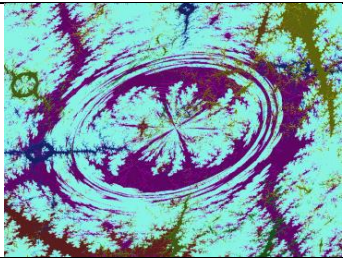
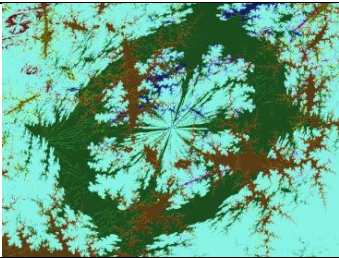
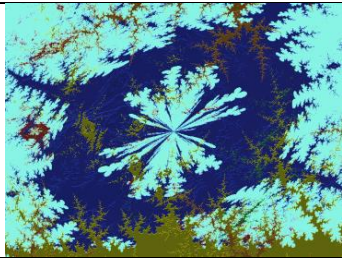
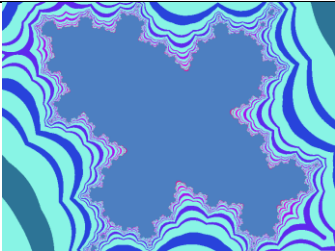
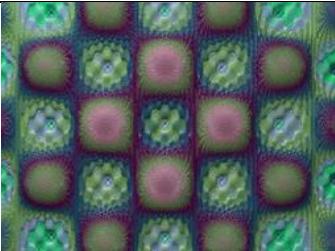
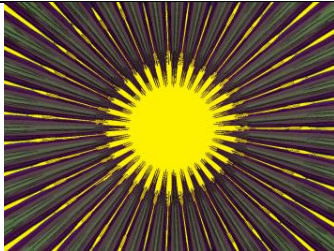
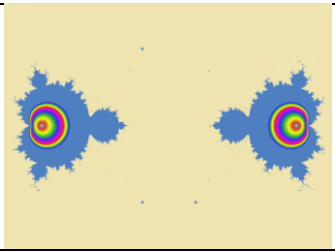
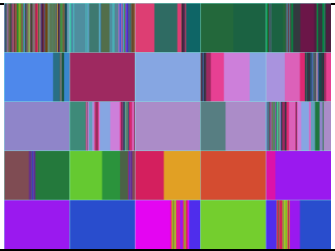
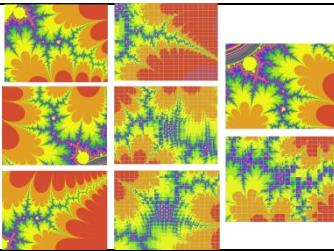
					
	Leermeester	voor	Loopbaan	en	Levensloop
					
M.	Magister (Ludi)	tussen	Meer	en	Minder
					
	Mijmeren	over	Mens	en	Mededogen
					
	Marcherend	op	Muziek	van	Moeder
					
	Mediteren	over	Muze	en	Melancholie
					
	Mild	in	Mening	en	Maatstaven

					
N.	Nederig	in	Nadenken	en	Nietsdoen
					
O.	Ontwikkeling	van	Oer	naar	Openbaring
					
	Overwegen	van	Opties	en	Oplossingen
					
P.	Plaats / Positie	tussen	Paradijs	en	Planeten
					
	Pratend	over	Pijn	en	Problemen
					
	Piekerend	op	Plek	in	Park

					
Q.	Queeste	naar	Qui	en	Quo
					
R.	Reizend	in	Rust	naar	Ruimte
					
S.	Slenterend	door	Stad	over	Straten
					
	Starend	in	Stilte	naar	Sterren
					
T.	Transformatie	van	Tijd	voor	Toekomst
					
	Tao	van	Toeval	en	Transities

					
	TIM	van	Topopleiding	naar	topTraject
					
U.	Uitzicht	op	Uur	en	Universum
					
V.	Verbonden	met	Vuur	van	Verleden
					
	Vrij	van	Vrees	en	Verlangen
					
	Verzadigd	van	Vet	en	Voedsel
					
	Voorzichtig	met	Valkuil	van	Vader

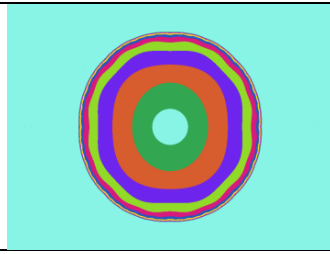
					
	Vol	van	Vrede	en	Vertrouwen
					
	Vrolijk	van	Vis	en	Vogels
					
	Volwassen	in	Vreugde	en	Verdriet
					
W.	Wijs	in	Woord	en	Wetenschap
					
	Waarderen	tussen	Waarnemen	en	Waarmaken
					
	Wisselend	van	Welvaart	naar	Welzijn

					
	Wandelend	in	Wind	langs	Water
					
X.	Xenofoob	voor	XTC	en	X-ray
					
Y.	Yoga	met	Yin	en	Yang
					
Z.	Zwervend	over	Zand	en	Zeeën
					
	Zwevend	van	Zen	naar	Zonneschijn
					
	Zittend	zonder	Zorg	voor	Ziektes



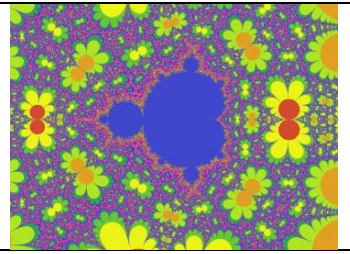
Zoekend

naar



Ziel

en

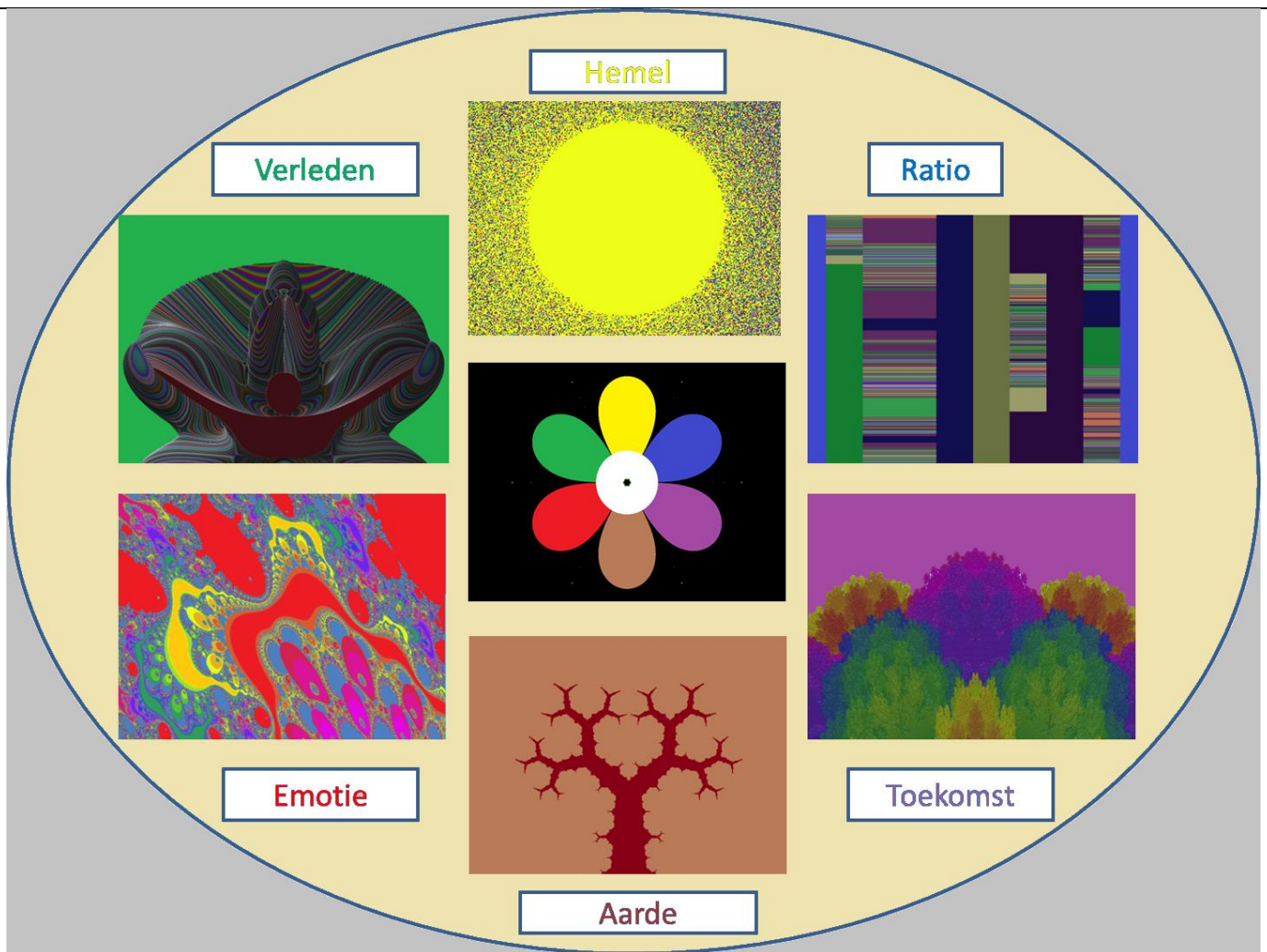


Zaligheid

(H)ora e(s)t Labora

We leven in een Tijd van Werken en Mediteren

(volgens Benedictus en Jules Ruis)



Bewustzijns Besturings Model